



2016 Healthy Parks Healthy People Wellness Walks en Español

Love the outdoors?

Join **Latino Outdoors** and **California State Parks** for our
ranger-led hikes and activities in Spanish

Transportation and lunch included!

This is a wonderful opportunity to get great exercise, learn about local natural and cultural history, and experience Marin's magnificent State Parks. Hikes are usually 2-3 miles long.

- **When:** Every second Saturday of the month, January-November
- **Time:** 9:30 a.m. – 3:30 p.m.

Please reserve a space by contacting Alicia Cruz
Email: alicia@latinooutdoors.org | 415.572.2731

